

**Michael Schaub, Ph.D.**

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**Education & Professional Attainments**

Ph.D.           The University of Akron  
Counseling Psychology (APA Accredited)  
Dissertation: Social Cognitive Career Theory: Examining the Mediating Role of  
Sociocognitive Variables in the Relation of Personality to Vocational Interests  
Pre-doctoral Internship: University of Maryland Counseling Center (APA Accredited)

M.A.           The University of Akron  
Psychology  
Thesis: Relation of Expectations About Counseling to the Five-Factor  
Model of Personality

Post-Bac       John Carroll University  
University Heights, OH; Post-Baccalaureate Studies in Psychology (three years)

B.S.           John Carroll University  
University Heights, OH; Biology

Licensed Psychologist (Maryland license # 04312)

Licensed Clinical Psychologist (Virginia license # 0810003822)

Licensed Psychologist (DC license # PSY1000575)

National Register of Health Service Providers in Psychology (Registrant # 51684)

**Clinical Experience**

Private Practice

*Licensed Clinical Psychologist*

Alexandria, VA

October 2007 - present

Provide individual, couples, and marriage counseling to clients presenting depression, anxiety, adjustment disorder, relationship concerns, and career indecision.

*Psychology Associate*

University of Maryland Counseling Center (March 2005 - May 2005)

Private Practice in Washington, DC (May 2004 - May 2005)

Provided counseling to clients presenting a range of concerns at the University of Maryland Counseling Center (pro bono work) and in private practice. Received weekly individual supervision from a licensed psychologist.

Counseling Center  
*Pre-Doctoral Intern*  
University of Maryland  
College Park, MD  
July 1999 - July 2000

Maintained a caseload of 8 to 10 clients per week for personal, vocational, and group counseling. Provided weekly supervision to master's-level trainees, conducted three intake interviews per week, and assisted with emergency coverage. Provided consultation to Residence Life staff and participated in a rotation with the Department of Intercollegiate Athletics focusing on student athletes with body image distortions and eating disorders. Participated in research activities and developed a training manual for group interpretation of the Strong Interest Inventory.

Counseling Services  
*Staff Counselor*  
Baldwin-Wallace College  
Berea, OH  
August 1998 - May 1999

Maintained a caseload of 8 to 10 clients per week and addressed a variety of personal and vocational issues. Facilitated a therapy group, coordinated activities with members of Residence Life, and provided on-call emergency services. Developed and published a research project examining relations among stress and substance abuse.

Counseling, Testing, and Career Center  
*Counselor, Pre-Doctoral Practicum*  
The University of Akron  
Akron, OH  
August 1997 - May 1998

Provided individual therapy to 5 to 7 clients per week and addressed a variety of client issues including depression, sexual orientation, suicidality, and career exploration. Interpreted vocational and clinical psychological assessments. Received biweekly training on counseling-related topics including crisis intervention, multicultural issues, and assessment for learning disabilities.

The Clinic for Child Study and Family Therapy  
*Supervisor, Pre-Doctoral Practicum*  
The University of Akron  
Akron, OH  
August 1997 - May 1998

Supervised five master's-level community counseling students on a weekly basis. Observed videotapes and conducted live supervision of trainees' counseling sessions, provided feedback on trainees' therapeutic interventions, assisted with client conceptualization, and monitored trainees' notes. Attended lectures on supervision theory and practice.

The Psychology Counseling Clinic

*Counselor, Master's Practicum*

The University of Akron

Akron, OH

August 1995 - May 1997

Maintained a caseload of 3 to 5 clients per week. Provided vocational and personal counseling to college students and members of the community. Interpreted vocational and clinical psychological inventories.

Portage Path Emergency Services

*Mental Health Aid*

Akron, OH

June 1995 - June 1996

Worked in a psychiatric emergency care unit with involuntary and voluntary patients in crisis (e.g., suicidal and homicidal individuals). Patients represented diverse racial and socioeconomic groups. Managed crisis interventions; obtained psychiatric and medical histories; and assisted psychiatrists, psychiatric nurses, and clinical screeners.

Shrewsbury Community Services

*Clinical Caseworker*

Jesuit Volunteer Corps

Shrewsbury, MA

August 1990 - August 1991

Completed one year of volunteer work through the Jesuit Volunteer Corps. Provided individual support to clients ranging in age from 6 to 75 years. Developed and supervised after-school activity groups and support groups for children and adolescents. Assessed needs of families in crisis and assisted with obtaining food, clothing, welfare assistance, and other emergency relief measures.

**Student Affairs Experience**

Career Education Center

Georgetown University

Washington, DC

*Executive Director, September 2006 - present*

*Interim Executive Director, March 2006 - September 2006*

*Acting Executive Director, September 2005 - November 2005*

Direct staff of 14 professionals to provide career development services and job placement programs to students and alumni. Coordinate and implement initiatives with employers to enhance existing and foster new employer relationships. Manage budget to ensure that the Career Center's mission is accomplished effectively and efficiently. Serve as member of Student Affairs directors team to facilitate collaboration across departments and contribute to students' personal and professional development. Staff Board of Regents Career Committee to develop employer contacts and evaluate Career Center services.

*Associate Director for Career Education and Counseling*  
August 2000 - March 2006

Coordinated and provided career counseling and education services for undergraduate students, graduate students, and alumni. Supervised and evaluated the performance of three master's-level career counselors and several graduate interns. Worked closely with the executive director to evaluate the Center's services and develop new programs. Participated in employer development efforts. Led hiring committee for four career counselor searches; served on two search committees for Director of Counseling and Psychiatric Services.

Department of Residence Life

*Residence Hall Director*

John Carroll University

University Heights, OH

July 1991 - July 1994

Maintained a residence hall consisting of 280 women and men. Supervised eight resident assistants and three office staff assistants. Coordinated educational programs covering a variety of topics including eating disorders, depression, drug and alcohol abuse, and dealing with sexual assault. Advised a building activities board consisting of 30 students and managed the hall budget. Interviewed over 225 applicants for Resident Assistant, Residence Hall Director, and Assistant Director of Residence Life positions. Conducted disciplinary hearings and administered sanctions.

Department of Residence Life

*Student Orientation Supervisor*

John Carroll University

University Heights, OH

June - August 1993, 1994

Interviewed, trained, and supervised eight undergraduate summer orientation advisers. Directed presentations and activities for students and parents during orientation sessions. Coordinated events with the College of Arts and Sciences, Residence Life, and Admissions.

**Teaching/Advising Experience**

Introduction to Experimental Psychology

Instructor (Part-time Faculty)

The University of Akron, 1998 - 1999

Biopsychology

Instructor (Graduate Assistantship)

The University of Akron, 1997

Professional & Career Issues in Psychology

Instructor (Graduate Assistantship)

The University of Akron, 1995 - 1996

Research Methods in Psychology

Teaching Assistant

John Carroll University, 1993 - 1994

Undergraduate Academic Advisor  
Department of Psychology  
The University of Akron , July 1995 - May 1997

### **Publications and Research**

- Schaub, M., & Williams, C. (2007). Examining the relations between masculine gender role conflict and men's expectations about counseling. *Psychology of Men and Masculinity*, 8, 40-52.
- Schaub, M., & Tokar, D. M. (2005). The role of personality and learning experiences in Social Cognitive Career Theory. *Journal of Vocational Behavior*, 66, 304-325.
- Tokar, D. M., Fischer, A. R., Schaub, M., & Moradi, B. (2000). Masculine gender roles and counseling-related variables: Links with and mediation by personality. *Journal of Counseling Psychology*, 47, 380-393.
- Moradi, B., Tokar, D. M., Schaub, M., Jome, L. M., & Serna, G. S. (2000). Revisiting the structural validity of the Gender Role Conflict Scale. *Psychology of Men and Masculinity*, 1, 62-69.
- Schaub, M., & Tokar, D. M. (1999). Patterns of expectations about counseling: Relations to the five-factor model of personality. *Journal of Counseling and Development*, 77, 177-188.
- Schaub, M., Krieger, M., & Nolan, J. (1999). Alcohol and stress in judicial cases: Description of an assessment and intervention program. *Ohio College Student Development Journal*, 2, 1-9.
- Schaub, M. *Psychometric Evaluation of the Learning Experiences Questionnaire*. Manuscript in preparation.
- Schaub, M., Brannegan, E., Brown, M., Bush, E., Dortch, D., & Saltzman, S. *Qualitative and quantitative analyses of the c-Quest career exploration program*. Manuscript in preparation.
- Schaub, M., Green, S., Phiels, M., & Tomlinson, M. *An exploration of contextual and clinical variables associated with clients' premature termination*. Unpublished manuscript.

### **Refereed Convention Presentations**

- Barraclough, D., Cogdal, P., Keller, B., Nicpon, M., Schaub, M., Schlosser, L., Smith, N., Ward, E., Nutt Williams, E., & Worthington, R. (2008, March). *Nontraditional Career Options for Counseling Psychologists*. Roundtable conducted at the 2008 International Counseling Psychology Conference, Chicago.
- Schaub, M. (2005, August). *Psychometric evaluation of the Learning Experiences Questionnaire*. Poster session presented at the annual meeting of the American Psychological Association, Washington, DC.
- Stock-Ward, S., Schaub, M., Shullman, S., Borges, N., & O'Brien, J. (2002, August). *Careers in independent practice*. Roundtable conducted at the annual meeting of the American Psychological Association, Chicago.
- Schaub, M., & Russell, E. (2002, July). *An evaluation of the Georgetown University c-Quest career development program*. Roundtable conducted at the Careers Across America conference, Chicago.

- Schaub, M., & Moradi, B. (2000, August). *Relation of perceived career barriers to vocational interests*. Poster session presented at the annual meeting of the American Psychological Association, Washington, DC.
- Fischer, A. R., Tokar, D. M., & Schaub, M. (1998, August). Men's personality, gender role traditionality, and gender role conflict. In J. M. O'Neil & G. E. Good (Chairs), *Gender role conflict research: Expanding empirical research in men's studies*. Symposium conducted at the annual meeting of the American Psychological Association, San Francisco.
- McWhirter, E., & Schaub, M. (1998, August). Socioeconomic status as a contextual variable in career services delivery. In L. Mezydlo Subich (Chair), *Contextual factors in career service delivery*. Roundtable conducted at the annual meeting of the American Psychological Association, San Francisco.
- Schaub, M. (1998, August). *Assessing the psychology major: Exploring interests, perceived career barriers, and self-efficacy*. Poster session presented at the annual meeting of the American Psychological Association, San Francisco.
- Schaub, M., & Tokar, D. M. (1997, August). *Patterns of expectations about counseling: Relations to the five-factor model of personality*. Poster session presented at the annual meeting of the American Psychological Association, Chicago.
- Schaub, M., & Santilli, N. R. (1995, March). *Parental stress and its effect on perceived self-competence in children*. Poster session presented at the 61st Biannual Conference of the Society for Research in Child Development, Indianapolis.
- Schaub, M. (1993, April). *The activation of scripts in episodic memory: How far does the activation spread?* Paper presented at the Ohio Undergraduate Psychology Conference, Muskingum College, OH.
- Larsen, J. D., Rainey, D. W., Stephenson, A. R., & Schaub, M. (1993, June). *Prior entry may influence umpires' judgments*. Poster session presented at the Fifth Annual Meeting of the American Psychological Society, Chicago.

## **Grants**

- Consulting Psychologists Press, Inc.: \$1600 to support dissertation research, 2002
- National Career Development Association and the Association of Computer-Based Systems for Career Information: \$1500 to support dissertation research, 1998

## **Committee Membership and Service**

- *Journal of Career Development*  
     Editorial Board Member, September 2006 - present  
     Ad Hoc Reviewer, September 2005 - September 2006
- *Journal of Counseling Psychology*, Ad Hoc Reviewer, September 2005 - present
- Society of Counseling Psychology, webmaster, November 2008 - present
- Cameron Station Oakland Hall Board of Directors, December 2007 - present
- Banner Reporting Advisory Group, chair of Student Affairs working group, October 2007 - March 2009

- Volunteer and Public Service Board of Advisors, Georgetown University, 2005 - 2006
- School of Business programming team, Georgetown University, 2002 - 2006 (team leader 2004 - 2005)
- Counseling and Psychiatric Services Director Search Committee, Georgetown University, 2003 & 2005
- Support person for the Jesuit Volunteer Corps community in DC, 2001 - 2005
- Student Affairs Strategic Planning Committee, Georgetown University, 2003 - 2004
- Professional Development Committee, Georgetown University, 2002 - 2003
- Learning Outcomes Team (Team Leader), Georgetown University, 2001- 2002
- Career Educators Team (Team Leader), Georgetown University, 2000 - 2002
- Direct Service Committee, University of Maryland Counseling Center, 1999 - 2000
- Undergraduate Curriculum Committee, The University of Akron, 1995 - 1997
- Graduate student representative to the Department of Psychology, The University of Akron, 1996 - 1997
- Coordinator of the Psychology Mentoring Program, The University of Akron, 1996 - 1997
- Graduate Student Admissions Committee, The University of Akron, 1997
- Graduate student mentor, The University of Akron, 1995 - 1996

### **Professional Affiliations/Honors**

- American Psychological Association
- Society of Counseling Psychology
- Society for Vocational Psychology
- Section for the Independent Practice of Counseling Psychology
- American Counseling Association
- National Career Development Association
- National Association of Colleges and Employers
- Counseling Psychology Graduate Student Organization, The University of Akron
- First recipient of the Danford Service Award, John Carroll University